

GLEN ROCK PUBLIC SCHOOLS

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Dear Parents and Guardians:

This letter is to inform you that an elementary student in the district tested positive today for Coronavirus (COVID-19). The student is a virtual student and, therefore, has not been in any district buildings. Immediately after being notified of this case, in compliance with guidance from the New Jersey Department of Health (NJDOH), the district conferred with the school doctor, the Borough Office of Emergency Management, the Glen Rock Board of Health and other school and local officials.

Though this is a Glen Rock elementary student, as mentioned above, it is not considered a school issue since the student has been on virtual instruction since the beginning of the school year. As such, Contact Tracing will not occur via District Contact Tracers but rather through Bergen County Contact Tracers.

As per the [New Jersey Department of Health guidelines](#), schools are only required to close when there is an outbreak. An outbreak in school settings is defined as *... "two or more laboratory-confirmed COVID-19 cases among students or staff with onsets within a 14-day period, who are epidemiologically linked, do not share a household, and were not identified as close contacts of each other in another setting during standard case investigation or contact tracing."* In full accordance with the New Jersey Department of Health guidelines, **all Glen Rock Schools will remain on their regular schedule.**

We understand the level of concern regarding COVID-19. We encourage parents and students to continue following the Centers for Disease Control & Prevention promoted safeguards, such as:

- Staying home when you are sick;
- Washing hands often with soap for at least 20 seconds;
- Covering coughs and sneezes and properly disposing of tissues;
- Limiting close contact with people who are sick and not sharing food, drinks and utensils;
- Practicing social distancing (staying at least 6 feet apart);
- Wearing a face covering while in school; and

- Continuing to monitor your health for symptoms.

As always, we appreciate our community's support and cooperation. You can assist us by remaining vigilant in your approach to dealing with this health concern. If you have any questions about COVID-19 symptoms, or any other concerns for you or your child, please consult your physician. Should you have any questions about this situation, please feel free to contact your child's school nurse and/or principal. Below are some resources that might be helpful.

RESOURCES

1. NJDOH COVID-19 Information for Communities and the General Public:
https://www.nj.gov/health/cd/topics/covid2019_community.shtml
2. Get the Facts about Coronavirus:
<https://www.cdc.gov/coronavirus/2019-ncov/index.html>
3. Symptoms of COVID-19: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>
4. Testing: <https://www.cdc.gov/coronavirus/2019-ncov/testing/index.html>;
<https://covid19.nj.gov/pages/testing>
5. How to Protect Yourself:
<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>
6. What to Do if You Are Sick:
<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>

Sincerely,



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